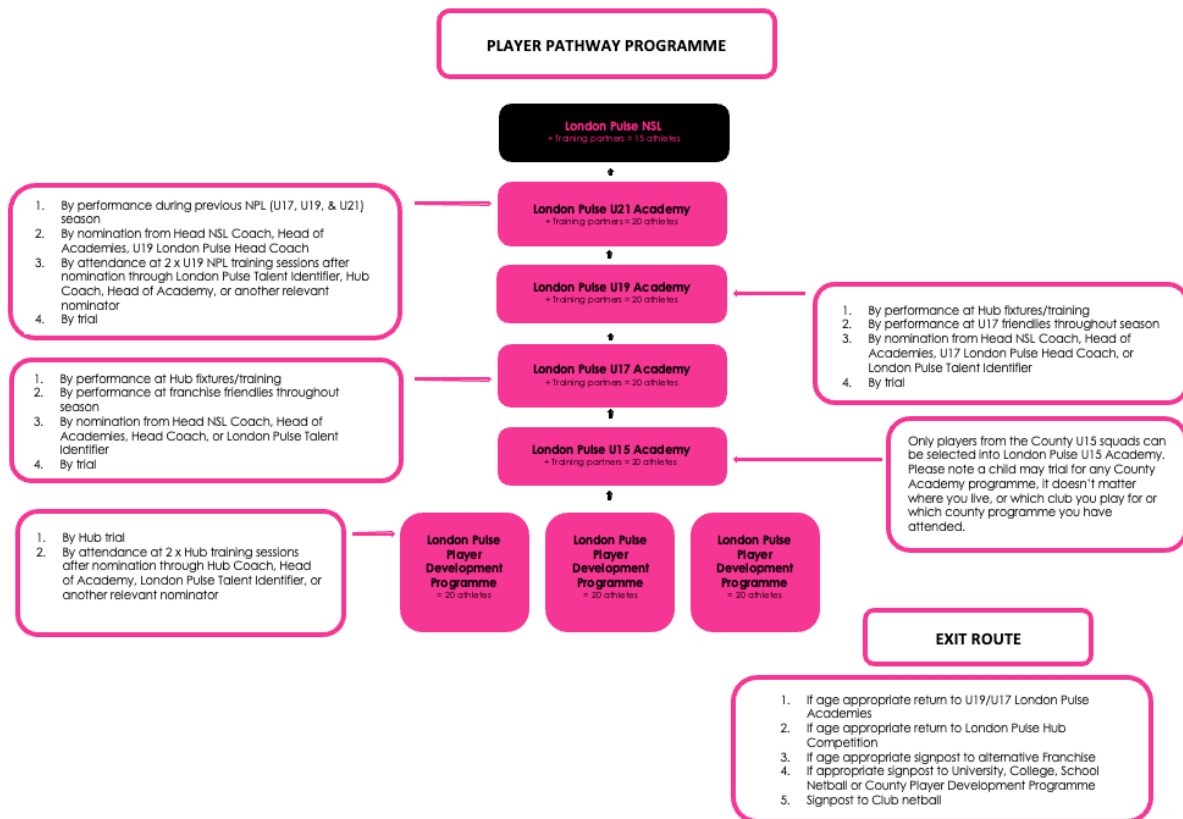


London Pulse Player Pathway Trials - FAQ

The London Pulse Performance Pathway will now be called the Player Pathway Programme and will consist of the following Academies previously known as NPL or Futures squads:

- Under 21 Academy
- Under 19 Academy
- U17-U19 Player Development Programmes (PDPs) - Three Locations
- Under 17 Academy
- Under 15 Academy



I would like to trial for a place in the London Pulse Player Pathway Programme, how do I do this?

Before signing up, please ensure you meet the relevant trial eligible criteria.

Eligible criteria

Our Academies are strictly age-banded by England Netball.

- Athletes eligible for the U21 Academy must be under the age of 21 by 23:59 on 31st December 2023 (DOB 2003 or later)
- Athletes eligible for the U19 Academy must be under the age of 19 by 23:59 on 31st December 2023 (DOB 2005 or later)
- Athletes eligible for the U17 Academy must be under the age of 17 by 23:59 on 31st December 2023 (DOB 2007 or later)

I would like to be considered for the U15 Academy how do I trial?

This Academy is for athletes who are part of a County Academy Netball programmes or any age appropriate U15 athletes within a **London Pulse Player Pathway Programme** (U19 Academy, U17 Academy or Player Development Programme). Only athletes from within these programmes can be selected into London Pulse U15 Academy and Stage 1 selections will take place in January. Stage 2 selections will take place later in the year and this squad will then train in the hope to represent the franchise at the U15 School Games competition.

When will I be notified my trial slot allocation (time, day etc)?

You will be sent a trial slot:

- U17 week ending 3 September 2023
- U19/U21 week ending 10 September 2023

providing you will full details of your trial. Please do not arrive any earlier than the time slot you will be provided with.

Can I choose a trial slot time?

No, due to the volume of trialist a slot will be allocated and will not be changed. Please do not email to request this.

If I am not able to attend trials, is there anything that can be done?

We have given as much notice as we possibly could and would respectfully request that you keep both days available. **There will be no further options for a late trial**, please do not email to request this.

If I sustain an injury ahead of trials, will I be able to have a late trial?

Yes, you will be required to submit progress reports to keep us updated and a revised trial date will be provided for you.

If I need to isolate or have tested positive prior to trials, what will I need to do?

Please notify us at info@londonpulsenetball.com and follow the most recent Government guidelines.

If I am unable to trial on either date, can I attend a late trial?

At present there will be no additional trial dates, should the situation change, we will announce this on our various media outlets.

What should I wear to my trial?

A black top or a Pulse kit with black bottoms, please note no club or school kit can be worn. Trialist will be sent a trial number as part of their slot notification and this number must be written (clearly visible) on their arm and/or leg in black marker

What do I need to bring with me on the day?

Trialist must bring the following items:

- A Ball – Pumped
- First Aid Kit – Inclusive of Ice packs and plasters
- Plenty of water
- Healthy snack to consume after your trial
- Any medication you are required to take for health issues

Will I be able to access the changing rooms at The Score?

No, please ensure you come in clothing ready to play in and that all strapping is done before hand.

Is there a place to store my valuables?

No, trialists will be responsible for their own belongings, please bring as little as possible

Will spectators be allowed

No, due to the number of trialists, space is limited

Is parking available?

There is a small carpark on Osier Way, however parking will be limited due to a separate event taking place on the same day.

An alternative option is to travel by tube. The nearest tube station is Leyton on the Central Line, once you arrive it is approximately a 10 minute walk to The Score:

- Head north on High Road toward Maud Road
- Turn left onto Buckingham Road
- Turn right onto Oliver Road

When will I be advised on the outcome of my trial?

All trialist will be sent an email by 24 September 2023, with the outcome of their trials. If our selectors indicate that a trialist has the potential to compete within one of the following squads these athletes will be invited via email by to attend one of the following second trials:

- U17/U19/U21 – Tuesday 19 September 2023 from 18:00 – 21:00 at The Score, 100 Oliver Road, London, E10 5JY

The outcome of these trials will be sent by email by 24 September 2022

Will I receive feedback if I am unsuccessful at trials?

No, due to the volume of athletes trialling we will be unable to provide any feedback.

If I was in the London Pulse NPL squad during the 2022/23 season, do I have to re-trial for a place in the 2023/24 equivalent Academy Squad?

Yes, your trial will take place on Tuesday 19 September 2023 from 18:00 – 21:00 at The Score, 100 Oliver Road, London, E10 5JY